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Care Sheet for Fillers

Some bruising is normal and may last for 5 -10 days. Aspirin, Vitamin E and non-steroidal antiinflammatory drugs (ibuprofen, Aleve, naproxen) may make the bruising worse. We normally do not recommend discontinuing these drugs and we expect some bruising following these procedures.

There will be minimal discomfort for a day or two.

You may apply Aquaphor or petroleum jelly to the site following treatment for 1 - 2 days (twice daily).

You may apply makeup immediately following the treatment.

Some lumpiness or swelling is normal and may last up to 7 days. Swelling typically is the worst two days after treatment.

Some patients need more treatment for optimal results.

If you have any questions or concerns, please contact our office at (972) 699-0000.